



Little Woodlands
Pre-Primary School

Little Woodlands Preschool

134 Outeniqua Ave, Doringkloof, Centurion

Tel: 078 907 4730

info@littlewoodlands.co.za

Breakfast: Daily

Maize Meel Porridge, Oats or Matabele Porridge

Morning Snack:

Please provide a healthy age-appropriate snack suitable for your child

Example: Yoghurt, fruit, vegetables, biltong, salty crackers, sandwich etc.

NO SWEETS, CHIPS, BISCUITS, SODA ETC.

Afternoon Snack:

15:00pm

Sandwiches or
Sweet/Savory Muffin or
Mini Pancakes with Cinnamon

16.00pm

Cut Fruit &
Juice/Iced Tea

Week 1:

Monday	Mash, Mince & Peas
Tuesday	Chicken A La King & Mixed Vegetables
Wednesday	Chicken Fingers, Chips & Tomato/Cucumber
Thursday	Macaroni & Cheese
Friday	Hot Dogs

Week 2:

Monday	Cottage Pie & Veg
Tuesday	Chicken A La King & Peas
Wednesday	Boerewors Bredie with Mash & Veg
Thursday	Macaroni and Cheese Bake, Salad
Friday	Hamburgers

Kindly Notify us of any of your child's dietary requirements or food allergies!!